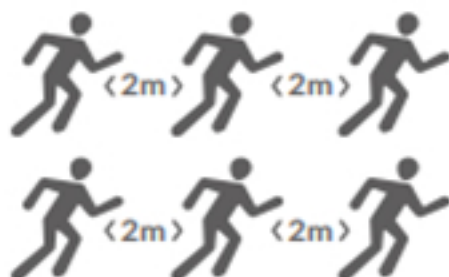


RETURN TO ACTIVITY ATHLETES & RUNNERS STEP 2



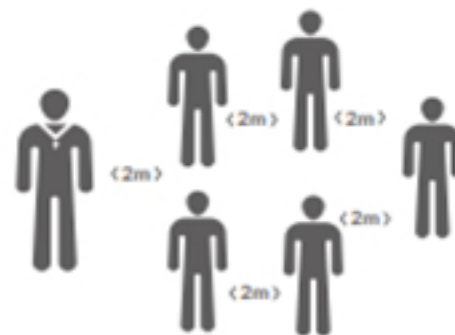
ENGLAND ATHLETICS



Up to 6 athletes
and runners



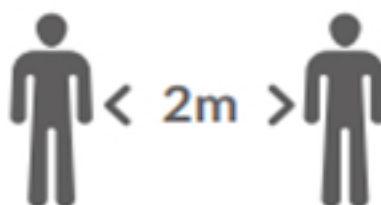
Outdoor
exercise only



Only 1 : 5
coach and athletes



Follow equipment
hygiene
procedures



Maintain 2
metres at all
times



Follow venue
guidance



Virtual challenges
& competitions
still available



Follow public
guidance for
health



Do not take part
in activity if self
isolating

More guidance can be found here:
www.englandathletics.org/guidanceupdate